

A Kindred Success Story



Kindred Hospital
Wyoming Valley

Dedicated to Hope, Healing and Recovery

Mr. D: On the Way Back to Independence

Mr. D was an active man in his 50s working full-time by day and as a karate instructor in the evenings.

Then he was blindsided by a cerebral bleed, which sent him to the ICU of a tertiary care facility. He was put on a ventilator and sedated to stop the swelling in his brain. After three weeks in this condition, not only had Mr. D's condition not improved, but he had also acquired pneumonia. Mr. D was referred to Kindred Hospital for an extended recovery due to the complexity of his needs.

When Mr. D arrived at Kindred, vent weaning protocols were initiated, and the respiratory therapists and physicians went to work. The team began adjusting his medications to appropriate dosages to best manage his agitation. Within six days, he was completely weaned off the vent and his pneumonia was resolved. The Kindred team was thrilled. Mr. D engaged in an aggressive rehab program including physical therapy, occupational

therapy, dysphagia therapy and cognitive therapy. Just 13 days after coming to Kindred, he was walking with assistance for the first time in a month, was less agitated, communicated normally and was eating a regular diet.

With Mr. D back on his feet, the Kindred physicians and staff assessed his level of physical and cognitive function and determined that a brain injury program would be beneficial. Mr. D was transferred to a nearby brain injury unit for continued low-intensity cognitive therapy and rehabilitation. At the time of transfer, the once ventilator-dependent Mr. D was breathing freely and decannulated with no oxygen needs. He had a great shot at returning home to an independent life.

Kindred Healthcare Ranked First Among Health Care: Medical Facilities in *Fortune* Magazine's List of Most Admired Companies. For more information about Kindred Hospital Wyoming Valley, please call us at 570.552.7620 or visit us at www.kindredhospitalwv.com.

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